

Annual State Plan Work Plan

Federal Fiscal Year 2020

State Plan Goals [Section 124(4); Section 125(c)(5)]

People with DD and their families will be active in advocacy activities that improve their lives and the lives of others and the service system.

Description : The Council will provide funding to strengthen a statewide advocacy organization to increase membership and collaborate with the developmental disabilities network to employ a statewide coordinator who is a self-advocate to support self-advocates and their families.

Area Of Emphasis:

Quality Assurance : true

Education and Early Intervention :

Child Care :

Health :

Employment :

Housing :

Transportation :

Recreation :

Formal and Informal Community Supports :

Activities to be used in achieving each goal:

Outreach : true

Training :

Technical Assistance : true

Supporting and Educating Communities :

Interagency Collaboration and Coordination : true

Coordination with Related Councils, Committees and Programs :

Barrier Elimination :

Systems Design and Redesign :

Coalition Development and Citizen Participation : true

Informing Policymakers :

Demonstration of New Approaches to Services and Supports :

Demonstration of Projects or Activities :

Other Activities :

This goal addresses:

Individual/Family Advocacy :

System Change :

Self-Advocacy Requirement : true

Targeted Disparity :

DD Network Collaboration : true

Rights of Individuals :

Capacity Building :

Collaborators Planned for this goal(if known):

State Protection and Advocacy System : true

University Center(s) : true

State DD agency :

Other :

Objective #1: Each year of the five-year plan, the Council will provide support to strengthen a statewide self-advocacy organization by increasing activity and participation by self-advocates in Arkansas.

Key Activities:

- 1.The Council will provide funding to strengthen a statewide advocacy organization by facilitating and funding ways to allow an organization to increase membership and participation of self-advocates in that group.
- 2.The Council will provide for consultation, support, and assistance to self-advocacy organizations to increase leadership and participation in self-advocacy

Expected Outputs:

- 1.1 funded project, 10 (new) self- advocate participants; 10% increase in membership
- 2.1 organization supported, support the organization of 1 new chapter of the statewide self-advocacy organization; distribute/implement a self-advocate leadership training curriculum

Expected Objective Outcomes:

- 1.Increased awareness about self-advocacy in Arkansas; Increased number of individuals employing self-advocacy skills in their daily lives; Increased activity and participation by self-advocates in self-advocacy organizations; a strengthened and expanded statewide self-advocacy organization with improved leadership and organizational skills

Data Evaluation And Measurement:

- 1.Project/Org monthly reports, budget utilization reports, and year-end goals and objectives narratives; Event or meeting follow-up evaluations; Roster of attending self-advocates; Speaking event agendas; SA organization reports/evaluations; SA leaders' evaluations.

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 45 |
| IA 1.2 | 20 |
| IA 2.1 | 25 |
| IA 2.2 | 20 |
| IA 2.3 | 60 |
| IA 2.4 | 30 |
| IA 2.5 | 15 |
| IA 3.1 | 50 |
| IA 3.2 | 50 |

System Change (SC)

| SC Code | Targeted # |
|----------|------------|
| SC 1.1 | 2 |
| SC 1.2 | 0 |
| SC 1.3 | 9 |
| SC 1.3.1 | 5 |
| SC 1.3.2 | 1 |
| SC 1.3.3 | 2 |
| SC 1.3.4 | 1 |
| SC 1.4 | 0 |
| SC 1.5 | 2 |
| SC 2.1 | 3 |
| SC 2.2 | 2 |
| SC 2.1.1 | 2 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

Objective #2: The Council will collaborate with Disability Rights Arkansas and Partners for Inclusive Communities to support self-

advocates and their families by providing technical assistance and administrative support to increase leadership training.

Key Activities:

1.The Council will provide funding and resources in collaboration with the developmental disabilities network to continue employment of a statewide self-advocate coordinator, who is a self-advocate, to support self-advocates and families.

Expected Outputs:

1.1 funded statewide coordinator

Expected Objective Outcomes:

1.Increased policy meeting participation; improved collaboration in statewide self-advocacy; increased support for self-advocates; increased support for families of individuals with intellectual and developmental disabilities; distribution of a self-advocacy toolkit.

Data Evaluation And Measurement:

1.Monthly activity reports; speaking event agendas; policy meeting minutes; feedback on self-advocacy toolkit

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 40 |
| IA 1.2 | 15 |
| IA 2.1 | 15 |
| IA 2.2 | 10 |
| IA 2.3 | 50 |
| IA 2.4 | 50 |
| IA 2.5 | 15 |
| IA 3.1 | 60 |
| IA 3.2 | 50 |

System Change (SC)

| SC Code | Targeted # |
|---------|------------|
| SC 1.1 | 2 |
| SC 1.2 | 0 |

| SC Code | Targeted # |
|----------|------------|
| SC 1.3 | 6 |
| SC 1.3.1 | 2 |
| SC 1.3.2 | 2 |
| SC 1.3.3 | 1 |
| SC 1.3.4 | 1 |
| SC 1.4 | 0 |
| SC 1.5 | 1 |
| SC 2.1 | 3 |
| SC 2.2 | 2 |
| SC 2.1.1 | 2 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

Objective #3: Each year of the five-year plan, the Council will increase opportunities for self-advocates who are leaders to train other self-advocates to become leaders and increase opportunities for participation in cross-disability, culturally diverse organizations

Key Activities:

1. The Council will collaborate with Disability Rights Arkansas and Partners for Inclusive Communities to increase self-advocacy by providing funding, technical assistance and administrative support in a continuing annual self-advocacy leadership training event.
2. The Council will provide funding and support for self-advocates to participate in cross-disability, culturally diverse events or activities
3. The Council will provide funding and support that enables those self-advocates who completed leadership training to provide training, in their own communities, to other self-advocates who then may also become leaders.

Expected Outputs:

- 1.1 self-advocacy leadership training event; 25 leadership training participants
2. Funded participation of 3 self-advocates in a cross-disability event or activity
- 3.2 self-advocacy leaders funded to provide training to other self-advocates in their communities

Expected Objective Outcomes:

1. Increased leadership knowledge/skills for training participants; increased number of self-advocates engaging in leadership activities and roles; Increased participation of self-advocates in Arkansas in a cross-disability event or activity; increased support for culturally diverse organizations in Arkansas serving individuals with developmental disabilities and their families; Increased number of trained self-advocate leaders in Arkansas

Data Evaluation And Measurement:

1. Contract/budget; Training agenda; training roster; training summary report; training evaluations; cross-disability event or activity registration and/or completion documentation

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 20 |
| IA 1.2 | 0 |
| IA 2.1 | 15 |
| IA 2.2 | 0 |
| IA 2.3 | 50 |
| IA 2.4 | 50 |
| IA 2.5 | 10 |
| IA 3.1 | 60 |
| IA 3.2 | 50 |

System Change (SC)

| SC Code | Targeted # |
|----------|------------|
| SC 1.1 | 2 |
| SC 1.2 | 0 |
| SC 1.3 | 8 |
| SC 1.3.1 | 3 |
| SC 1.3.2 | 3 |
| SC 1.3.3 | 1 |
| SC 1.3.4 | 1 |
| SC 1.4 | 0 |
| SC 1.5 | 2 |
| SC 2.1 | 2 |

| SC Code | Targeted # |
|-----------------|------------|
| SC 2.2 | 2 |
| SC 2.1.1 | 1 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

People with DD and their families will have increased access to community support and services.

Description : The Council will create an RFP or contract that will support a community partner in each of the state's five regions in strengthening access to information and training and will fund a regional community partner to reduce barriers to supports and services for people with IDD in the Marshallese population in northwest Arkansas and others with limited English proficiency across Arkansas.

Area Of Emphasis:

Quality Assurance :

Education and Early Intervention :

Child Care :

Health :

Employment :

Housing :

Transportation :

Recreation :

Formal and Informal Community Supports : true

Activities to be used in achieving each goal:

Outreach :

Training : true

Technical Assistance :

Supporting and Educating Communities : true

Interagency Collaboration and Coordination :

Coordination with Related Councils, Committees and Programs :

Barrier Elimination :

Systems Design and Redesign :

Coalition Development and Citizen Participation : true

Informing Policymakers :

Demonstration of New Approaches to Services and Supports :

Demonstration of Projects or Activities :

Other Activities :

This goal addresses:

Individual/Family Advocacy :

System Change :

Self-Advocacy Requirement :

Targeted Disparity : true

DD Network Collaboration :

Rights of Individuals :

Capacity Building :

Collaborators Planned for this goal(if known):

State Protection and Advocacy System :

University Center(s) :

State DD agency :

Other : true

Other collaborator

1. Community Partners in NW Arkansas

Objective #1: Provide support to community partners to strengthen access to information, training and education for Arkansans with developmental disabilities and their families about available programs and services within the State and about emergent issues affecting the Arkansas IDD community; **provide additional training as needed.**

Key Activities:

- 1.Support community partners in strengthening access to information and training, both regional and statewide.
- 2.Share information, knowledge, and opportunities about programs and services available within Arkansas by maintaining, a website and continuing to provide resource material/publications for distribution in both paper and digital format.
- 3. Provide training, through in-house activities, as needed to meet state plan outcome goals.**

Expected Outputs:

- 1.Contracts or agreements with community-based partners.
- 2.Continue to populate the calendar as a functional part of the website, continued review and updating of printed materials, translation on priority web pages, printing of a limited number of translated publications

Expected Objective Outcomes:

1.

Increased access to information and resources; Increased knowledge of community supports and services; Increased access to information including DD related events in Arkansas; Increased knowledge of community supports and services.

Data Evaluation And Measurement:

1. Year-end budget utilization reports; goal and objectives narratives; event or training plans/agendas; event or training follow-up evaluations; training roster; Website hit counts supported by visitor feedback comments; website calendar event forms; publication requests and distribution data.

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 40 |
| IA 1.2 | 15 |
| IA 2.1 | 20 |
| IA 2.2 | 10 |
| IA 2.3 | 60 |
| IA 2.4 | 25 |
| IA 2.5 | 0 |
| IA 3.1 | 50 |
| IA 3.2 | 25 |

System Change (SC)

| SC Code | Targeted # |
|----------|------------|
| SC 1.1 | 3 |
| SC 1.2 | 1 |
| SC 1.3 | 7 |
| SC 1.3.1 | 2 |
| SC 1.3.2 | 2 |
| SC 1.3.3 | 1 |
| SC 1.3.4 | 2 |
| SC 1.4 | 25 |
| SC 1.5 | 5 |
| SC 2.1 | 4 |
| SC 2.2 | 2 |

| SC Code | Targeted # |
|----------|------------|
| SC 2.1.1 | 2 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 2 |
| SC 2.1.4 | 1 |

Objective #2: To address targeted disparity, the Council, together with partners in Northwest Arkansas, will work with Marshallese people with intellectual and developmental disabilities to reduce language barriers when accessing information and services.

Key Activities:

1.The Council will fund a regional community partner to reduce barriers to supports and services for people with intellectual and developmental disabilities in the Marshallese population by supporting the implementation of the community partner-developed plan

Expected Outputs:

1.1 funded community partner; work plan for implementation of partner-developed barrier reduction plan; Community partner reports on progress of barrier-reduction plan implementation.

Expected Objective Outcomes:

1.Reduced barriers for this population; continued effective alliance with community partner; work plan for work to be done in next fiscal year (FY21/Year 5)

Data Evaluation And Measurement:

1.Monthly reports; Year-end budget utilization reports; Year-end goals and objectives narratives; Community Partner evaluations.

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 10 |
| IA 1.2 | 10 |
| IA 2.1 | 10 |
| IA 2.2 | 10 |
| IA 2.3 | 15 |
| IA 2.4 | 10 |

| IA Code | Targeted # |
|---------|------------|
| IA 2.5 | 0 |
| IA 3.1 | 30 |
| IA 3.2 | 20 |

System Change (SC)

| SC Code | Targeted # |
|----------|------------|
| SC 1.1 | 1 |
| SC 1.2 | 0 |
| SC 1.3 | 2 |
| SC 1.3.1 | 1 |
| SC 1.3.2 | 1 |
| SC 1.3.3 | 0 |
| SC 1.3.4 | 0 |
| SC 1.4 | 0 |
| SC 1.5 | 1 |
| SC 2.1 | 2 |
| SC 2.2 | 2 |
| SC 2.1.1 | 1 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

Objective #3: The Council will collaborate with regional community partners to identify and prioritize strategies to reduce barriers to supports and services for Arkansas with IDD who have limited English proficiency (non-English speaking, English as a Second Language, and those with other communication needs).

Key Activities:

1. The Council will provide funding to a community partner to work with Arkansans with intellectual and developmental disabilities who do not speak English or have limited English proficiency (LEP) to reduce barriers to supports and services by supporting the implementation of the community partner-developed plan.

Expected Outputs:

1.

1 funded community partner; work plan for implementation of partner-developed barrier reduction plan; Community partner reports on progress of barrier-reduction plan implementation.

Expected Objective Outcomes:

1.Reduced barriers for this population; continued effective alliance with community partner; work plan for work to be done in next fiscal year (FY21/Year 5)

Data Evaluation And Measurement:

1.Monthly reports; Year-end budget utilization reports; Year-end goals and objectives narratives; Community Partner evaluations and/or surveys.

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 14 |
| IA 1.2 | 20 |
| IA 2.1 | 10 |
| IA 2.2 | 10 |
| IA 2.3 | 20 |
| IA 2.4 | 10 |
| IA 2.5 | 5 |
| IA 3.1 | 30 |
| IA 3.2 | 20 |

System Change (SC)

| SC Code | Targeted # |
|----------|------------|
| SC 1.1 | 1 |
| SC 1.2 | 0 |
| SC 1.3 | 2 |
| SC 1.3.1 | 1 |
| SC 1.3.2 | 1 |
| SC 1.3.3 | 0 |
| SC 1.3.4 | 0 |
| SC 1.4 | 0 |
| SC 1.5 | 1 |
| SC 2.1 | 2 |

| SC Code | Targeted # |
|-----------------|------------|
| SC 2.2 | 2 |
| SC 2.1.1 | 1 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

The Arkansas Council on DD will collaborate with state agencies and community programs to improve competitive, integrated employment of Arkansans with developmental disabilities.

Description : The Council will participate in the work of the Employment First Task Force and similar initiatives to advocate for legislative and policy changes designed to increase competitive, integrated employment. Meaningful involvement by self-advocates in Employment First initiatives will be a major part of this goal with a request for a community partner to assist people with Developmental Disabilities with the shift from sheltered employment to competitive, integrated employment working in round table or similar meetings with self-advocates, their families and employers.

Area Of Emphasis:

Quality Assurance :

Education and Early Intervention :

Child Care :

Health :

Employment : true

Housing :

Transportation :

Recreation :

Formal and Informal Community Supports :

Activities to be used in achieving each goal:

Outreach : true

Training : true

Technical Assistance : true

Supporting and Educating Communities :

Interagency Collaboration and Coordination : true

Coordination with Related Councils, Committees and Programs :

Barrier Elimination :

Systems Design and Redesign : true

Coalition Development and Citizen Participation :

Informing Policymakers :

Demonstration of New Approaches to Services and Supports :

Demonstration of Projects or Activities :

Other Activities :

This goal addresses:

Individual/Family Advocacy :

System Change : true

Self-Advocacy Requirement :

Targeted Disparity :

DD Network Collaboration : true

Rights of Individuals :

Capacity Building :

Collaborators Planned for this goal(if known):

State Protection and Advocacy System :

University Center(s) :

State DD agency : true

Other : true

Other collaborator

1. Arkansas Rehabilitation Services

Objective #1: The Council will promote participation of people with DD in Employment First activities and similar community programs to advocate for legislative and policy changes to increase competitive, integrated employment.

Key Activities:

- 1.The Council will participate and advocate in the Employment First Task Force and similar community programs to advocate for legislative and policy changes designed to increase competitive, integrated employment
- 2.The Council will act to ensure and promote meaningful involvement by self-advocates in Employment First initiatives

Expected Outputs:

- 1.Council representative attendance at 2 taskforce/workgroup meetings;
Council collaboration with a taskforce/workgroup partner
- 2.8 self-advocates participate in Employment First initiatives

Expected Objective Outcomes:

- 1.

Self-advocates will take an active role in promoting employment options; supported potential legislation, policies and/or regulations change; Increased opportunity for individuals with developmental disabilities to be engaged in competitive, integrated employment

Data Evaluation And Measurement:

1.Council representative reports; Taskforce/workgroup meeting minutes; new legislation, policies or regulations; Self-advocate reports; Self-advocate transportation records

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------------|------------|
| IA 1.1 | 8 |
| IA 1.2 | 0 |
| IA 2.1 | 20 |
| IA 2.2 | 0 |
| IA 2.3 | 50 |
| IA 2.4 | 10 |
| IA 2.5 | 0 |
| IA 3.1 | 50 |
| IA 3.2 | 0 |

System Change (SC)

| SC Code | Targeted # |
|-----------------|------------|
| SC 1.1 | 1 |
| SC 1.2 | 0 |
| SC 1.3 | 4 |
| SC 1.3.1 | 2 |
| SC 1.3.2 | 2 |
| SC 1.3.3 | 0 |
| SC 1.3.4 | 0 |
| SC 1.4 | 15 |
| SC 1.5 | 2 |
| SC 2.1 | 2 |
| SC 2.2 | 2 |
| SC 2.1.1 | 1 |

| SC Code | Targeted # |
|----------|------------|
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

Objective #2: Support increased capacity of vocational service providers and employers to provide opportunities for competitive integrated employment of people with DD.

Key Activities:

- 1.The Council will convene and facilitate regional roundtable(s) for employers to provide mentorship, insight and advice on competitive, integrated employment of people with developmental disabilities to prospective employers, or facilitate reverse job fairs or similar events, and will include vocational rehabilitation partners in this collaboration
- 2.The Council will support an agency or a community partner to assist people with developmental disabilities with the shift from sheltered employment to competitive, integrated employment and increase access to employment services
- 3.Review of information and resource materials developed in FY19 for dissemination to employers, update of materials as needed, produce additional information and resource materials, as needed.

Expected Outputs:

- 1.2 round table meetings with employers or 2 reverse job fairs or similar events; 2 participating employers
- 2.1 contract or agreement; 1 funded award/organization
- 3.information and resource materials for dissemination to employers

Expected Objective Outcomes:

- 1.Increase knowledge and resources for employers to hire individuals with developmental disabilities; increased number of employers willing to employ individuals with developmental disabilities; Increased access to employment services; increased number of Arkansans with developmental disabilities engaged in competitive, integrated employment

Data Evaluation And Measurement:

- 1.meeting sign in sheets, survey results from attendees, employer statements of participation, sub-award quarterly/year-end reports; resource material order forms and/or feedback evaluations

Project the performance measure(s) that will be targeted for each objective

Individual & Family Advocacy (IA)

| IA Code | Targeted # |
|---------|------------|
| IA 1.1 | 10 |
| IA 1.2 | 0 |
| IA 2.1 | 25 |
| IA 2.2 | 0 |
| IA 2.3 | 25 |
| IA 2.4 | 10 |
| IA 2.5 | 0 |
| IA 3.1 | 50 |
| IA 3.2 | 0 |

System Change (SC)

| SC Code | Targeted # |
|----------|------------|
| SC 1.1 | 1 |
| SC 1.2 | 0 |
| SC 1.3 | 4 |
| SC 1.3.1 | 1 |
| SC 1.3.2 | 1 |
| SC 1.3.3 | 1 |
| SC 1.3.4 | 1 |
| SC 1.4 | 4 |
| SC 1.5 | 2 |
| SC 2.1 | 2 |
| SC 2.2 | 2 |
| SC 2.1.1 | 1 |
| SC 2.1.2 | 1 |
| SC 2.1.3 | 1 |
| SC 2.1.4 | 1 |

