

Self-Determination



Our Life, Our Way Conference

TEXARKANA

June 4th & 5th, 2025

*Texarkana Holiday Inn Convention Center
5200 Convention Plaza Drive, Texarkana, Arkansas*

An event by the Arkansas Developmental Disability Network



Partners



Self-Determination: Our Life, Our Way Conference Agenda

Wednesday - June 4

| <i>WHEN</i> | <i>WHAT</i> | <i>WHERE</i> | <i>WHO</i> |
|-----------------------|--|---|--|
| 1:00 pm – 2:00 pm | Registration / Check-in Luggage to Rooms Social Time & Games | Hotel Lobby Ballroom Lobby | All |
| 2:00 pm – 2:15 pm | Welcome | Ballroom A/B | All |
| 2:15 pm – 3:30 pm | Games & Activities Ask the Advocate Booth How to be an Ally | Ballroom Lobby Room C Room D | People with Disabilities Allies / Parents / Staff |
| 3:30 pm – 3:45 pm | Break | | All |
| 3:45 pm – 5:00 pm | Continue Social Time Hang Out with Friends / Rest Allies in Action | Ballroom Lobby Room C Room D | People with Disabilities Allies / Parents / Staff |
| 5:00 pm – 5:30 pm | Break | | All |
| 5:30 pm – 7:00 pm | Dinner | Ballroom A/B | All |
| 7:30 pm – 10:00 pm | Casino Night & Dancing Allies / Parents / Staff Hangout | Ballroom A/B Magnolia | People with Disabilities Allies / Parents / Staff |

Self-Determination: Our Life, Our Way Conference Agenda

Thursday - June 5

| <i>WHEN</i> | <i>WHAT</i> | <i>WHERE</i> | <i>WHO</i> |
|------------------------|---|-----------------|--------------------------|
| 7:30 pm – 8:45 pm | Breakfast | Ballroom A/B | All |
| 9:00 am – 10:00 am | Healthy Relationships | Room C | People with Disabilities |
| | Employment | Room D | Allies / Parents / Staff |
| 10:00 am – 10:30 am | Break | | All |
| 10:30 am – 12:15 pm | Reaching My Own Greatness | Room C | People with Disabilities |
| | Navigating Service Systems: Medicaid & PASSE | Room D | Allies / Parents / Staff |
| 12:15 pm – | Check Out of Rooms | | All |
| 12:15 pm – | Lunch Open Mic Recap Facilitated Evaluation | Ballroom A/B | All |

WHAT IS SELF-DETERMINATION?

Self-determination is the freedom to live as you choose, or to act or decide for yourself what you want or need. You have the same right to self-determination as anyone else (with or without a disability) and are entitled to freedom, authority, and supports to exercise control over your own life. You have the right to self-determination, regardless of your guardianship status.

Supporting Self-determination- Family members, friends, and other allies may play a critical role in an individual's self-determination journey by providing support and working collaboratively to help that person achieve their goals.

We hope you enjoyed the conference!
Thank you for attending.

**Be sure to stay connected with the DD Network
for information on upcoming events.**

ACKNOWLEDGEMENTS

The DD Network would like to thank Tendra Washington and the team at the Terry Lee Rogers Recreation Center, as well as the attendees of our March 11th Listening Session. The Texarkana OLOW Conference became a reality because of the spark you created that day.

Thank you to Pam Giddings and the Holiday Inn Texarkana team for hosting this event and for all the wonderful suggestions, support, and service!

